

BLOOD TYPES NEEDED:



PLASMA DONATIONS

Become a plasma donor and provide life-saving gifts for patients like Katie.



Plasma donors help save lives. Plasma contains essential nutrients and proteins for patients in critical need. It also supports the immune system, promotes blood clotting, and helps move blood cells through the body. Donated plasma is often vital for babies and new moms, burn victims, people with immune disorders, and other patients in need.

The need is constant. The supply is not. Plasma can be donated every 28 days, and only volunteers like you can help ensure a stable supply.



Memorial
BLOOD CENTERS

Why give plasma?

Give more of what patients need. In one plasma donation, you give three times the amount of plasma in a whole blood donation. Many donors find that they feel better after donating plasma than whole blood, because your platelets and red blood cells are returned to your body.

Only volunteer donors can help. Plasma that is used for transfusions cannot come from a paid donor. Donations must be voluntary.

Blood types A+, B+, AB+, and AB- are needed most. By knowing where the need is greatest for your blood type, you can maximize the impact of your donation.

How to get started

In addition to general age and health requirements, only males are eligible to donate plasma. Visit [MBC.ORG/guidelines](https://www.mbc.org/guidelines) to learn more.

How long does it take? Plasma donation takes about 90 minutes. You can watch TV, go online, or simply relax during your donation.

Appointments can be made online at [MBC.ORG](https://www.mbc.org) or by calling 1-888-GIVE-BLD (888-448-3253). Plasma donation is available at most donor centers. Visit [MBC.ORG/locations](https://www.mbc.org/locations) to view locations near you.



Memorial
BLOOD CENTERS



MBC.ORG • 1-888-GIVE-BLD